

ENROLLMENT FORM

Submit this form along with payment
or visit our website to enroll.
www.performingartscentre.net

Name _____
Address _____
City _____ State _____
Zip _____ Phone _____
Dancer's age _____ DOB _____
Parent Name _____
Email _____

ENROLL ME IN: Write in Dates &/or Level

ADV BEG - ADVANCED

_____ Ballet _____	\$100
_____ Technique _____	\$100
_____ Ballet & Technique _____	\$150
_____ Fly Bungee 2-Lesson _____	\$25
_____ Fly Bungee 4-Lesson _____	\$50
_____ PBT _____	\$65

BALLET INTENSIVE

_____ Level One AB1 - INT 1 _____	\$125
_____ Level Two INT 2 - 3 _____	\$145
_____ Level Three INT 4 - INT/ADV _____	\$175
_____ Level Four ADVANCED _____	\$200

(Based on 2021-2022 Ballet Level at PAC)

PAC ADULTS

_____ Open Level Adult Ballet _____	\$85
_____ Adv Beg/Intermediate Adult Tap _____	\$80
_____ Beginner Adult Tap _____	\$75
_____ Fly Bungee 2-Lesson _____	\$25
_____ Fly Bungee 4-Lesson _____	\$50

PAC OFFICE USE ONLY:

Date Rec'd _____ JR & List _____
Cash/Ck/CC # _____ Payment \$ _____

Ballet Intensive

- Intense training for the serious ballet student
- Explore a story ballet, choreographer, composer, variations, costuming, etc.
- Start learning your next Cecchetti grade.
- Enjoy Modern dance classes!
- Experience class from multiple ballet teachers!



Three Rooms with Four Levels

Level One	AB1 - Int 1	Age 8 - 12
Level Two	Int 2 - Int 3	Age 10 - 14
Level Three	Int 4 - Int/Adv	Age 13 & up
Level Four	Advanced	Age 15 & up

Placement based on your 2021-2022 Level.

August 1, 2, 3, 4 2022

Curriculum

Ballet Technique
Variations from the Ballet of focus
Modern Dance
Pointe Technique for Levels Two - Four

Cecchetti Classes

Level One: Primary Three & Pre-Grade One
Levels Two: Grades Two & Three
Level Three: Grades Four & Elementary (Grade Five)
Level Four: Intermediate (Grade Six)

Dates & Class Times

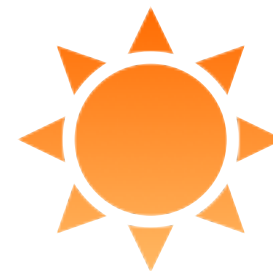
August 1, 2, 3, 4

Level One	5:00-7:30pm
Level Two	5:00-8:30pm
Level Three	5:00-9:30pm
Level Four:	3:00-9:30pm



Performing Arts Centre

PAC ADV BEG-ADV



SUMMER DANCE

PERFORMING ARTS CENTRE

1538 Country Club Plaza Drive
St. Charles, MO 63303
636-946-6787
www.performingartscentre.net



Technique Training

- ~Classes in Ballet & Conditioning Technique
- ~Monday/Wednesday for three and a half weeks.
- ~Advanced Beginner - Advanced
- ~Maintain your technique, flexibility, & stamina!



Monday/Wednesday. July 6 - 27

AB2 - AB4	Age 8-12	5:00 - 6:30pm
INT 1 - INT 3	Age 10-14	6:30 - 8:25pm
INT 4 - ADV	Age 12 & up	6:00 - 8:30pm



You'll be in great shape for Fall!

FLY BUNGEE FOR DANCERS

- Tuesday/Thursday 5:45-6:30pm
- July 12 & 14 2-Lesson Session
For Intermediate Dancers
- July 19, 21, 26, 28 4-Lesson Session
For Intermediate/Advanced Dancers



FLY BUNGEE FOR ADULTS

- Tuesday/Thursday 8:00-8:45pm
- July 12 & 14 2-Lesson Session
For Beginner Adults
- July 19, 21, 26, 28. 4-Lesson Session
For Adults with Dance Experience

PRIVATE PARTIES AVAILABLE!

- Bridesmaids Bonding!
- Girl's Night Out!
- Bond with Co-Workers!
- **Weight Restrictions:**
100 lb Minimum ~ 225 lb Maximum
- **ENROLLMENT IS LIMITED!**

PBT at PAC

Progressing Ballet Technique

THURSDAYS JULY 7 - 28

Taught by PBT Certified Instructors
Kathy Fowler & Lisa Steinhoff

THREE LEVELS

- | | |
|--------------------------|---------------|
| Beginner Ages 6-9 | 4:45 - 5:30pm |
| Beginner Ages 10 & up | 5:30 - 6:30pm |
| *Intermediate 4-Advanced | 6:30 - 7:30pm |
- *Includes dancers who have taken two or more 6-week PBT Sessions.*



WHAT YOU NEED:

- Water Bottle
- Sweat Towel
- Large Exercise Ball
- PAC will provide small exercise balls.

DRESS CODE:

- Leggings, Capris or modest length dance shorts. No track/athletic shorts
- Leotard or fitted crop top or sports bra
- Socks

Adult Classes in Ballet & Tap

- | | |
|------------------------------------|---------------------|
| Tuesday/Thursday | July 12 - 28 |
| • Open Level Adult Ballet | 6:45 - 7:45pm |
| • Beginner Adult Tap | 7:45 - 8:15pm |
| • Adv Beg - Intermediate Adult Tap | 7:45 - 8:30pm |