

BEGINNER CLASS SCHEDULE 2025 - 2026 SEASON Classes begin Tuesday, September 2, 2025

Our goal at the beginner level is to instill a passion and love for dance that will last a lifetime, while creating a strong foundation upon which a beautiful dancer will grow! PAC always has your child's best interest at heart when choosing age-appropriate music, costumes & movements. Welcome to PAC!

PRE-SCHOOL 1 BALLETTAP (Age 3 & 4)

- ❖ One-hour combination classes; usually 40 minutes in ballet shoes; 20 in tap shoes
- ❖ Building major motor skills in a ballet setting
- ❖ Classical, popular children's music, props & our imaginations
- ❖ Tap is fun & develops rhythm and timing
- ❖ All taught in a nurturing yet disciplined, positive environment



PAC "TOTS" (AGE 2.5 - 3) One-hour combination class; about 20 minutes each of Ballet, Tap & Kindergym!



SCHOOL-AGE BEGINNER 1 BALLETTAP (Age 7 - Teen)

- ❖ One-hour combination classes; usually 40 minutes in ballet shoes; 20 in tap
- ❖ Learning proper ballet technique and French terminology
- ❖ Tap is included for rhythm & timing, Broadway style to Hoofin'



JAZZ (Age 7 & up)

- ❖ These ½ hour classes consist of warmup, body isolations, turns, leaps & basic jazz steps
- ❖ From Broadway style to Contemporary to MTV using age appropriate music
- ❖ Continuing your ballet training is a must to perform jazz steps correctly & safely



HIP HOP (Age Kindergarten & up)

- ❖ Skip Hop is for Kindergarteners through B4 level; Jr Hip Hop for AB1 & AB2 levels
- ❖ PAC insists on age-appropriate music & movement for all Hip Hop levels

ACROBATICS (Age 5 & up)

- ❖ Kindergym is a half-hour class
- ❖ Basic acrobatic skills are taught as students develop back & core muscles
- ❖ Emphasis is on performing a few skills well rather than many done poorly
- ❖ Advancement is based on the ability to perform skills with technique & class discipline



KINDERGYM (Age 3 - 6)

Welcome to our PAC Family!

Performing Arts Centre



NAME _____ Monthly Rate \$ _____

Second Child \$ _____

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AGE 2.5 - 3 "PAC TOTS" BALLET/TAP/KINDERGYM

PS-1	Wednesday	10:00 - 11:00 am	RM 3
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AGE 3 BALLET/TAP

KINDERGYM AGE 3-6

PS-1	Monday	6:00 - 7:00 pm	RM 3		Wednesday	5:00 - 5:30 pm	RM 3
PS-1	Wednesday	5:30 - 6:30 pm	RM 3				
PS-1	Saturday	9:30 - 10:30 am	RM 4				

AGE 4 BALLET/TAP

KINDERGYM AGE 4-6

PS-1	Monday	6:00 - 7:00 pm	RM 3		Wednesday	5:00 - 5:30 pm	RM 3
PS-1	Wednesday	5:30 - 6:30 pm	RM 3				
B-1	Tuesday	6:00 - 7:00 pm	RM 3				
B-1	Saturday	9:00 - 10:00 am	RM 3				

AGE 5 & 6 BALLET/TAP

PRE-ACRO AGE 5-6

B-1	Monday	5:10 - 6:10 pm	RM 4		Saturday	10:15 - 11:00 am	RM 2
B-1	Tuesday	6:00 - 7:00 pm	RM 3				
B-1	Saturday	9:00 - 10:00 am	RM 3				

AGE 7 - Young Teen BALLET/TAP

ACROBATICS - ACRO 1 AGE 7 - Young Teen

SAB-1	Thursday	7:00 - 8:00 pm	RM 3		Monday	5:15 - 6:00 pm	RM 2
					Saturday	11:45 am - 12:30	RM 2

AGE 7 - Young Teen JAZZ

HIP HOP AGE 7 - Young Teen

SAB-1	Thursday	8:00 - 8:30 pm	RM 3		Saturday	12:00 - 12:30 pm	RM 3
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AGE 7 - Young Teen Lyrical/Leaps & Turns

SAB-1	Saturday	12:30 - 1:00 pm	RM 3				
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Beginner Class Uniform

CLASS UNIFORM FOR PS-1 & B-1 BALLET/TAP

- ☐ Light Pink Leotard & Ballet Pink Footed Tights
- ☐ Ballet Pink Ballet Shoes, Balera #B40 (Weissman)
- ☐ Black Patent Leather Tap Shoes, Balera #B60 (Weissman)
- ☐ Optional Ballet Skirts must be either attached to a leotard or on a stretchy waistband; no ties; no tutus
- ☐ Hair: Neatly off the face and secured in a ponytail, bun or similar styles; Single Braid for Acro

CLASS UNIFORM FOR SAB-1 BALLET/TAP, JAZZ & HIP HOP

- ☐ Royal Blue Leotard & Ballet Pink Footed Tights
- ☐ Light Pink Ballet Shoes Capezio #2037
- ☐ Balera #B60 Tap Shoes in Caramel (Weissman)
- ☐ Optional Ballet Skirts
- ☐ Capezio EJ2 Jazz Shoes in Caramel; If only taking jazz, you may wear Suntan Footed Tights
- ☐ Clean Tennis Shoes for Hip Hop
- ☐ Hair: Neatly off the face and secured in a ponytail, bun or similar styles

CLASS UNIFORM FOR ACRO

- ☐ For Kindergym, wear your dance attire & ballet shoes
- ☐ For Pre-Acro & up, wear either your dance attire OR a Biketard with Footless Suntan Tights. No Shoes
- ☐ Hair neatly off the face in a braid

DANCE SUPPLIES

PAC has a limited supply of tights for emergencies! See your Tuition Rate Sheet for a list of retailers. Style numbers listed are for your convenience. A similar style may be worn.

Please put your dancer's name in everything!